



SAN JOAQUIN COUNTY
OFFICE OF EDUCATION

Learn the skills. Help save a life.

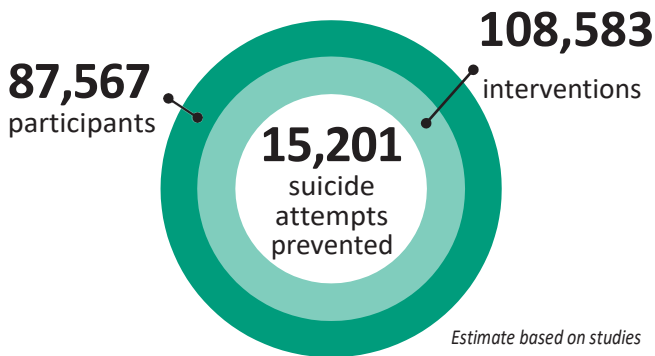
This training is made possible through the Bureau of Justice STOP School Violence Funding.

12 Continuing Education Contact Hours (CECH) will be available. Provider CEP#0301
Provider approved by the California Board of Registered Nursing.

Suicide is preventable. Anyone can make a difference.

- Two-day workshop in suicide intervention skills
- Learn and practice a life-saving intervention model
- Widely used by professionals and the general public

ASIST's impact in 2016



ASIST works

Studies show that ASIST participants gain:

- Knowledge about suicide
- Skills to reach out
- Confidence to help save a life

Register Here:

<https://bit.ly/2022ASIST>

ASIST changes lives

Odds of improvement after receiving an ASIST intervention (2013 study):

- ▲ 35% more hopeful
- ▼ 31% less depressed
- ▼ 46% less overwhelmed
- ▼ 74% less suicidal

ASIST is cost-effective

50:1 return on investment in decreasing long-term costs of suicide (2015 study)

Upcoming ASIST Workshop

Date: Sept. 22 - 23, 2022

8:00 am to 4:30 pm

Location: 2721 Transworld Dr.

Hosted by: San Joaquin

County Office of Education

Cost: FREE

For more information please contact Christiane Highfill at chhighfill@sjcoe.net.

Learn more about ASIST and see the evidence at www.livingworks.net/ASIST