

# SJCOE SEL Community of Practice

Each CoP meeting will feature targeted professional learning as well as outcome-oriented networking and collaboration.



## • September 20, 2022

Guest Speaker: Michael Creekmore: "The Bearded School Counselor"

I'm a licensed professional counselor (over 15 years experience), certified professional counselor supervisor, working as a professional school counselor, freelance writer, public speaker & voice over artist.

**SEL Now!** This is a comprehensive professional development on SEL and how to implement without an immediate curriculum. During PD, educators and support staff will be given strategies to assist students in developing SEL skills. I will discuss SEL competencies and explain the importance of being intentional when working to develop specific competencies. We will explore the importance of establishing genuine relationships and how SEL is innate (every student has the capability to learn and improve), simply in need of practice & development. Participants will be challenged to identify their own preconceived understanding of SEL, current implementation in school community, barriers to use of SEL and confidence in use moving forward.



## • November 29, 2022

Guest Speaker: Kristin Souers: Author of *Fostering Resilient Learners*

I'm a licensed mental health counselor, independent consultant, complex trauma expert, professional developer, author, adjunct faculty member, speaker, and trainer.

**Fostering a Child-Invested Learning Environment:** In this engaging, relevant, and practical session, learn from childhood trauma expert Kristin Souers (lead author of the best-selling and award-winning *Fostering Resilient Learners: Strategies for creating a trauma-sensitive classroom* – ASCD, 2016), about the importance of incorporating trauma-informed practices into the work we do with each other, caregivers, and our youth. In this training, staff will be invited to reflect on their current states, and what they are doing to ensure their own regulation. We will acknowledge the reality of trauma and be reminded to build empathy for ourselves and for those we serve. We will explore our triggers and our mindsets as well as what can impact our ability to be regulated and present.



## • February 14, 2023

Guest Speaker: Keith Orchard: Social Worker and Child Welfare Expert

I'm a veteran social worker and former teacher, exceptional trainer and coach, and a childhood welfare expert.

**Dysregulation, Dissociation, Discombobulation: Understanding Brain Science and How Stress Impacts Kids From Hard Places:** In this session, you will learn how helping kids from hard places begins with understanding the specifics of how trauma and stress affect and change the developing brain. In this workshop, trauma expert Keith Orchard will lead a discussion of brain development and how trauma impacts the brain, memory, emotional development, behavior, and readiness to learn – and explore some high-impact strategies for effective interventions.

## • April 4, 2023

Guest Speaker: Keith Orchard: Social Worker and Child Welfare Expert

**Trauma-Informed Discipline and Accountability:** Keith has often said, "The most common question I receive after a trauma-informed schools presentation is, This is great, I understand kids from hard places struggle...but what about accountability?" This workshop will ask and examine the question of what it means to discipline students effectively by balancing our goals of increasing motivation, teaching and developing problem solving skills, and maintaining order in the school, all while maintaining strong relationships and a Culture of Safety.

Registration Questions?  
Lorena Lopez |  
lolopez@sjcoe.net

Zoom

8:00 AM - 9:30 AM

Register Here:  
<https://conta.cc/39EwWvK>



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