## SEL Strategies for Calm, Connected, and Positive Classrooms

with national award winning teacher and speaker R. Keeth Matheny



SJCOE SEL Workshop

Wednesday April 21<sup>st</sup> 3:00pm-5:30pm







www.SELlaunchpad.com

- Warm Greeting
- Foundations of SEL and focus on student supports
- Paradigm shift on SELf care, tips, and check in
- Understanding emotional hijacking, regulation, and co regulation SEL strategies to find, share, and promote calm
- Classroom practices for positive climate
- Optimistic Closing

Register in advance for this meeting:

Please register at least one hour before start and use district email

https://us02web.zoom.us/meeting/register/tZMofuytrDkuEtXZACzDUdauuXWrV8ccJjfb

What are participants saying about Keeth's sessions?

"OUTSTANDING! ENGAGING! MY KIDS NEED THIS! I NEEDED THIS. Thank you!"

Keeth Matheny is a national award winning teacher, author and speaker. He was a 2015 winner of the Crystal Star Award for Excellence in supporting student success from the National Dropout Prevention Center. He is the founder of SEL Launchpad an organization that provides SEL professional development all over the US, and has launched SEL programs in over 300 schools. Keeth is a co-author of School-Connect a research and evidence-based social and emotional learning curriculum now in over 2000 secondary schools. He is a frequent public speaker and keynote on SEL, MTSS, and emotional intelligence. He was the keynote for ten educational conferences in the past two years. His work has been featured in national webinars, magazine articles and journals of best practices. In the recent past he has presented at two congressional briefings in Washington DC and over twelve national education conferences.